

Report from the
*Head Injury Prevention and
Concussion Management
Workshop Planning Team*
to the
WGMHA Board
December 14, 2011



Objectives of the Workshops

- Provide greater understanding of concussion (nature, cause and incidence)
- Educate regarding outcomes and risk factors associated with sport-related concussions
- Improve care and outcomes through early detection, prompt treatment and appropriate return to play
- Gain an understanding of resources available in Waterloo Region
- Gain understanding of the OWHA & WGHA expectations with respect to Head Injuries



The Numbers

Attendance

■ ThinkFirst Session Sept. 24th	8
■ Ravens Session Oct. 19 th	211
■ Ravens Session Nov. 12 th	24
Total	243
Still to go	18



The Numbers (continued)

Costs

■ October 19 th	\$6621.61
■ November 12 th	\$ 268.10
Total Costs	\$6889.71

Media Hits

■ TV Broadcasts	2
■ Newspaper Articles	3
■ Radio announcements	Many (not able to count)



Highlights from the Evaluation Summary

- 161 of 235 completed the evaluation (68%)
- 98% were satisfied/very satisfied with the workshops
- Key note speaker and panel presentation were extremely well received
- 99.7% felt the information presented would be useful to themselves and their teams
- Length of the workshop was a concern to 8% of participants (20/235)
- Day of the week and work commitments were factors for the 24 people who attended the second workshop
- Participants appreciated the opportunity to be together (Rep and House league coaching staffs)
- Many great suggestions for follow up training were put forth (see full report)



Satisfaction with Event

Please rate you overall level of satisfaction with the following aspects of this event.

	Very Dissatisfied	Somewhat Dissatisfied	Neutral	Satisfied	Very Satisfied	No Comment	Response Count
Date	0	1	44	44	70	2	161
Location	2	0	9	41	112	0	161
Length of event	3	17	33	53	54	1	161
Key Note Speaker	0	1	2	27	130	1	161
Panel Participants	1	2	12	48	94	3	160
Vendors* only on Oct 19	0	0	51	34	37	17	137
Food	0	2	27	51	71	7	161
answered question							161
skipped question							0



Head Injury Prevention and Management Initiative Committee (HIP Committee)

- Ad hoc committee **accountable to the WGMHA Board**
- **Responsible for** Implementation of the HIP Initiative activities
- **Membership:**
 - 3-5 WGMHA Board members;
 - 2-3 WGMHA Association members (player, parent, coach)
- **Chair:** To be appointed by WGMHA



Recommendations:

- 1) That the Head Injury Prevention and Management Initiative Committee (HIP Initiative Committee) be established and that membership appointed as per the draft terms of reference.
- 2) That the coaching staff members still needing training be asked to complete the training by January 31, 2012.
- 3) That the WGMHA Board determine the method for training coaching staff members who have not completed the training. The options to consider are: hosting another workshop session similar to the November 12, 2011 session or having the individuals on their own time review two videos (Key note speaker address and ThinkFirst Smart Hockey) and take a quiz.



Recommendations (continued)

- 4) That the WGMHA through the Head Injury Prevention and Management Initiative Implementation Committee (HIP Initiative Committee) proceed with the following:
- Creation of and branding for the Head Injury Prevention and Management Initiative
 - Hosting a session for parents and players early in the New Year
 - Develop and implement Clinics on: techniques for coaches on how to teach players to protect themselves from potentially dangerous situations e.g. a hit, etc. and how to work with the SCAT2 assessments and return to play protocols
 - Prepare and make available an online version of the workshop
 - Include a Head Injury Prevention and Management Initiative Resource Section on the Ravens Website
 - Review, revise and update WGMHA Constitutional By-Law, and Operations Manual (policies and procedures) to address risk and liability issues.
 - Develop and implement a communication plan to inform the Association membership of the Head Injury Prevention and Management Initiative including changes (if any) to the Constitutional By-Law and Operations Manual
 - Exploration of base line testing options and implementation of a pilot project for the 2012 -13 season



Next Steps

- Presentation of Recommendations to the WGMHA Board of Directors – December 14th, 2011. It is hoped that approval to proceed with the recommendations will be given.
- Appointment of members for the HIP Initiative Committee including appointment of the Chair (December 14, 2011)
- HIP Initiative Committee meeting early in January to develop and implement a work plan to achieve its assigned tasks
- Implementation of training for coaching staff who have not yet completed the training. (by January 31, 2012)
- Continue planning for a Head Injury Prevention and Concussion Management session specifically for parents and players for late January/early February 2012.



Thank you for your ongoing support, encouragement and involvement with the Head Injury Prevention and Concussion Management training and for helping to:

Take the Guess Work out of Head Injuries and Concussions and Keep the Game Safe!

