



2020-21 Season

Update as of July 24 2020

Dear Ravens Players, Families and Coaching Staff,

What a scorcher couple of days we have had. Hope you are all finding places to keep cool! The summer weather continues to be truly amazing.

Work continues on the **Ravens Return to Hockey Plan** – We received on July 16, 2020 the outline from OWHA on protocols that will need to be included in our plan.

What's new:

- Registration is open – no fees are being collected at this stage. Please let us know your intentions by registering. Helps us better plan as well if we know who is returning.
- An application to run Camps August 15 – 31, 2020 has been submitted to OWHA. Once approved, more details will be placed on the Ravens website. To be eligible to participate in the Camps, players must have been with the Ravens in 2019-20 and be registered for 2020-21
- Plans are in the works for small group on ice training to begin early to mid-September for HL and Rep
- Virtual meetings are being set up for all individuals who were Trainers in the 2019-20 season to talk about the role of the trainer for the 2020-21 season.
- Virtual Town Hall sessions to explain the Ravens Return to Hockey Plan are being planned for players and parents. More details to come on dates/times and connection information.

What can Ravens do?

- **Make sure your coach from last year has your cleaned game jerseys**

Players: If you haven't already returned your game jerseys from last season, expect a call from your coach soon to do so. You can help out by making sure that both jerseys have been cleaned.

Coaches: Please make arrangements with your team from last season to collect all jerseys.

- If you are coaching at the same age group and level this season you can keep the jerseys with you. Please let Jen Bonneville know when you have all of your jerseys.
 - If you have collected the jerseys and have handed them over to the coach who will be coaching the age group and level you had last season – please let Jen Bonneville know that this has been done.
 - For all other coaches, Jen is hosting a Jersey Return Night (For Coaches only) on Tuesday July 28, 2020 from 6:30 – 8:30 pm at McPhail's Cycle and Sport on King Street in Waterloo. If you are not able to attend the Jersey Return Night – please contact Jen directly jen@waterlooravens.com to make alternative arrangements.
- **Complete the registration package for the 2020-21 season**

Help us plan by completing your registration for 2020-21. Registration opens July 3, 2020. We are not collecting any payments right now. You will be notified once we know what programming will



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look like for 2020-21 and what the fees will be. There is no obligation to stay in a program if you change your mind once you see the fee schedule.

- **Keep Hockey Ready:**

In order to provide an opportunity for you to stay “hockey ready” and have some fun at the same time, Andrew Hopf Lead Strength and Conditioning Coach, UW and Waterloo Ravens Development Coordinator Laura McIntosh have put together some simple at home workouts you can do. For more information on the programs, please check out the Ravens website. Both Andrew and Laura are happy to answer any questions about the programs. These virtual programs will be updated throughout the summer

- **Stay connected with your Ravens friends** through means that your parents say are okay.

Your WGMHA Board has been and will continue to monitor the situation and plan as much as we can for next season. We continue to work with City Staff understand the protocols that we will need to follow when using facilities.

We will continue to provide updates as we are able. In the meantime, please don't hesitate to reach out if you have any questions (sandra@waterlooravens.com).

Be Safe, Stay Healthy, Be Kind,

Take care,

Sandra

*Sandra Hanmer
President, WGMHA*